



*The Wisdom
of the Lord Teaches us*

Mary MacKillop College

Newsletter

Term 3
26 July 2019



*"The strongest trees
are the slowest
growing".*

*Julian Tenison Woods
1875*

Newsletter on our website
www.mackillopleongatha.catholic.edu.au/newsletter
also available on the College Parent Portal - PAM

MESSAGE FROM THE PRINCIPAL

This Weeks Prayer

TODAY'S PRAYER

*Thank You, Lord, for this day and
for life and for my many blessings. I
believe in Your goodness with all my
heart. So I am asking You to go
before me today, being my guide
should situations make me wonder
which way to turn. As each hour
passes on this day, Lord, bless me
with Your strength, Your joy and
please keep me under Your watchful
eye the entire day, ever ready to help
me and to offer me comfort. In
Jesus' name. Amen.*

Welcome back to all our families and students for second semester. I hope you had a pleasant break and all students are feeling refreshed and ready for the term. Term three is often the time of year when the most substantial concepts and topics are studied, when students consolidate their learning from the first half of the year and are ready to move onto new things.

Last week we held our Walkathon Launch Assembly. The Mary MacKillop Walkathon is a great tradition in our College – now in its 21st year. It incorporates three key elements: Firstly, it is an exercise in awareness raising – our community is helped to learn about issues faced by others in our midst and in the wider world.

We also raise our awareness of the most effective ways that help can be delivered to the causes selected. Secondly, we offer practical support by sharing what we have – the fundraising. The third element is also very important: our walkathon is an expression of solidarity with those we are seeking to help. We identify with them and publicly show our support by all walking together. It is a demonstration of our concern, a public acknowledgement of the old sentiment "there but for the grace of God, go I..." Our students should have come home with their walkathon sponsorship cards. I urge you to support the walkathon, not just by financial sponsorship, but by talking with your son or daughter about who we are supporting and why. What we learn by the walkathon process is just as important as the money we raise. Thank you in advance for your support. Further information about the charities being supported this year are further on in this newsletter.

On Tuesday 30th there is a student free day, staff are travelling to Warragul for the day to join with Marist Sion College in a Professional Development session run by visiting academic Dr Carmody Grey, Assistant Professor of Catholic Theology at Durham University in the U.K.

We welcome a number of staff this term:

Mrs Hope Jenkins, our new Business Manager, commenced on Tuesday 16 July.

Mr Terence Steele – looking after 7A, taking over from Mrs Allison Rizkallah.

Ms Sarah Bourke – looking after 8C, taking over from Mrs Melanie Grimshaw who is on maternity leave – Mel and her husband Matt welcomed a little girl Zanthé over the holidays.

Mrs Kate Hocken and Ms Rhiannon Le Busque who have joined us as School Counsellors. Both will work 3 days each week to look after and provide our students with counselling services every day of the week. Long Service Leave replacements are Ms Rose O'Connor filling in for Ms Tara Cox for 5 weeks and Mr James Wearne filling in for Mr Steve Jenkinson for the term. I am sure you will join me in offering them all a warm welcome to the Mary MacKillop family.

**David Leslie
Principal**



"The strongest trees are the slowest growing" - Julian Tenison Woods 1875

FROM THE DEPUTY PRINCIPAL - LEARNING AND TEACHING

Subject Selection & Pathways

All Year 9 students have recently attended the South Gippsland Trade Skills Alliance (SGTSA) Open Day to get and taste and insight to all the possible VET and vocational training options available in the region. Students attended sessions at Federation Training (Now TAFE Gippsland, Apprentices Group Australia and Community College Gippsland.) Students were given the opportunity to choose different streams of subjects ranging from:

Digital Programming
Automotive
Horticulture

Agriculture
Hospitality
Building

Allied Health
Hair/Salon/Beauty
Plumbing

Engineering
Business
Electrical

This day was vital in getting students to start thinking about career opportunities and pathways. In addition to this all Year 9 students (with the exception of those in the French class) will study a compulsory unit of careers in their Launch subject utilising the government www.joboutlook.com.au website.

The subject information evening is coming up for those students to start thinking about the options available for their future pathway at the school. Year 10 students have also recently completed their week of work experience and will be undertaking compulsory pathway interviews conducted with the middle school leadership team and curriculum leaders.

While many students at this age already have some form of part time employment the work experience week is an excellent opportunity to see first-hand the work that people in their desired field do each day. The level of compliance has intensified over the last few years however the students strongly value the career experience so it has been a worthwhile investment.

In 2019 Mr Jack Pearce has taken the role of Middle School Leader – Pathways and has been working especially diligently with our applied learners within Year 10 for activities to engage them in their schooling. We currently have the largest crop of students enrolled in off-site VET courses. These include Child Care, Community Services, Horticulture, Sound Production, Equestrian, Electrical and Plumbing.

The 2020 subject information evening will be held on **Tuesday 20th August** in Pioneer Hall. A 'Trade Show' event will be held with a formal presentation for students entering Year 10 - 2020 and those entering the VCE for 2020. Subject areas will be running displays and all senior teachers will be on call to assist students and their parents with the subject selection process.

The senior team is also currently conducting their 45min personalised career/pathways interview with each Year 12 student (and their families). Initiated by Mrs Meg Steenholdt these have proven to be invaluable for all concerned and really form the basis of strong career and transition advice for our seniors.



Sam Wright
Deputy Principal
Learning and
Teaching



FROM THE DEPUTY PRINCIPAL—WELLBEING AND ORGANISATION

We can learn to develop mindful awareness through a variety of everyday activities as well as formal meditation. It is important to remember that mindfulness can occur both on and off the cushion. While many of us might picture meditation as a person seated cross-legged on some special type of pillow, we can also practice mindfulness in a myriad of ways including mindful eating, walking, drawing, listening to music and even through photography. As a College, we are always looking for ways to teach students about mindfulness using a variety of techniques and tools.

The students have explored with their homeroom teacher that mindfulness practices are comprised of both curiosity and self-regulation. Firstly, we can intentionally cultivate a sense of curiosity or wonder about a particular experience or sensation. Secondly, we create focus and alertness by self-regulating our wandering mind. Our **#thismoment** photography competition has endeavoured to help the students to cultivate both curiosity and self-regulation through photography. We have asked students to be inquisitive about their environment, marvelling at everyday objects, whilst at the same time creating a focus for themselves through the lens of a camera. They immersed themselves in the moment by intentionally zeroing in on a particular detail or phenomenon, framing the camera in a way that helped them remove distractions and concentrate on their subject of focus.

At the College we endeavour to expand the student's mindful awareness of by exploring these kinds of activities and creating experiences where students are actively exercising curiosity and self-regulation.

Here are some of the photos that have been entered.



2019 South Gippsland Regional Legacy Junior Public Speaking Award

On Tuesday 23rd July Annika Clarke, Ava Strentz, Christine Denbrok and Grace Burns travelled to Bass Coast Council Chambers in Wonthaggi to compete in the Annual Legacy Public Speaking Award for secondary students aged 12-14 years.

Students spent their own time inside and outside their regular classes preparing and practising their speeches and worked with Mr Campbell (Librarian) and Mr Muranty (Head of English). All four participants used mainly lunchtimes to write, edit, rehearse and practice both prepared and impromptu speeches. Final preparations were marked with significant moments of pride and relief as students continually challenged themselves to develop better speaking skills. The greatest trepidation was reserved for the impromptu section of the competition as the fear of not knowing what to expect was at its highest.

On the day of competition all four year 8 students summoned courage and collective team support to embrace the opportunity before them. The four speeches students had chosen were presented as follows:

- Christine Denbrok created a sophisticated and factual argument about the rate of animal extinction today - asking how did we let it come to this ?
- Grace Burns presented a succinct, passionate account of gender equality and how that looks today.
- Ava Strentz produced innovative and engaging speech persuading the audience on why studying a musical instrument is good for your brain ?
- Annika Clarke (Penny) presented a compelling account of how our legal system doesn't protect our youngest, titled 'Have you asked the Children'.

It was captivating to watch students from Newhaven and Korumburra Secondary talk about a range of issues that included sexual harassment, oil drilling in the Great Australian Bight, why we should stay away from social media and the reality of the Stolen Generation that continues to inflict untold grief on our indigenous people.

The students also presented impromptu speeches on the topic of 'belonging' which became their most challenging performance on the day and helped the judges to decide who would go through to the Preliminary Final in Dandenong on September 10th.

We are so very proud of our year 8 leaders who deserve much encouragement for their skill and dedication to perform so admirably on the day. When other students from other schools perhaps didn't have the best day and were not able to rise to the occasion in the same way – all our year 8 leaders reached out to provide comfort and support with grace, sincerity and humour. Congratulations to the team including Mr Campbell for his enthusiasm and knowledge. We wish Christine Denbrok and Grace Burns all the best now as they prepare for the next round, after winning the day! Congratulations also to Annika Clarke for coming third and to Ava Strentz whose speech should now be produced into a *Ted Talks* segment reaching the wider audience it deserves.

Mr Richard Muranty (Head of English)



JUNIOR SCHOOL

The Junior School out and about in the sun doing a lap of the school reminding them how much fun the Walkathon is!



YEAR 8 LAUNCH

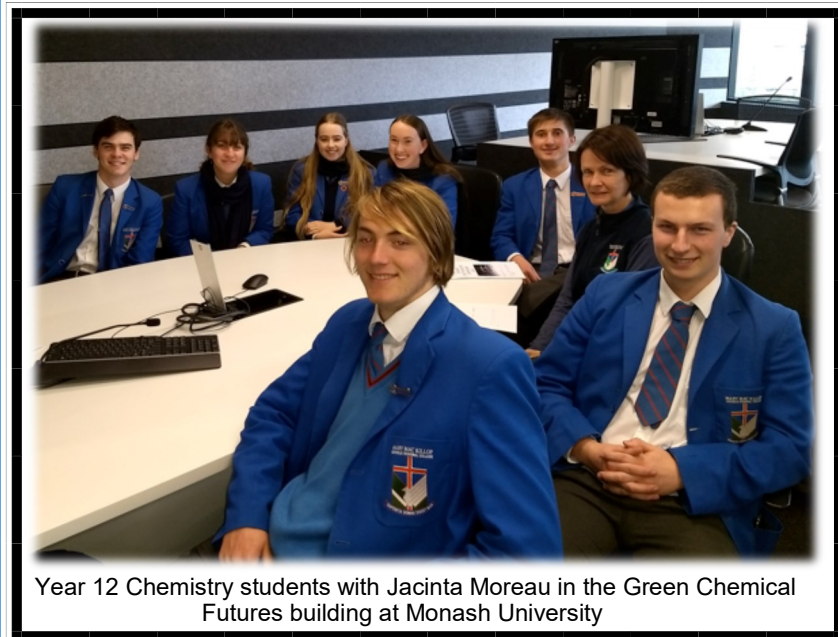
Year 8 Launch at Voyage Gym with instructor Ellie putting them through their paces!



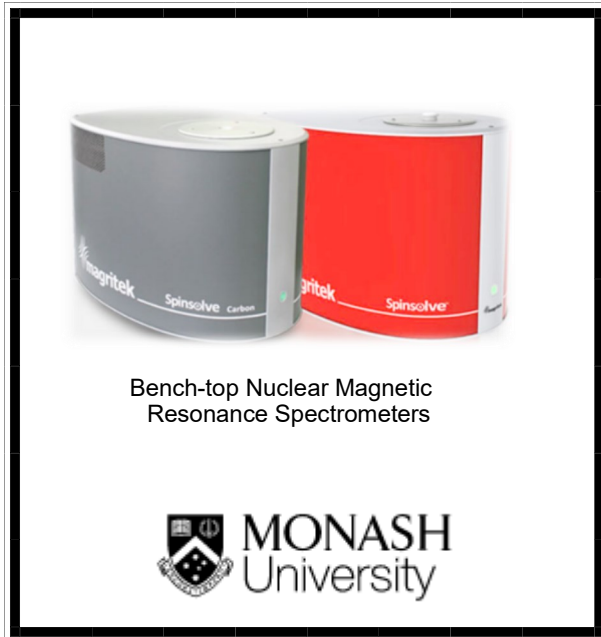
VCE CHEMISTRY EXCURSION TO MONASH UNIVERSITY

In the first week of Term 3, VCE Chemistry/Biology classes attended hands-on practical sessions offered by nearby universities.

The Unit 4 Chemistry students travelled to Monash University in Clayton on Tuesday 16 July for the 2019 Monash Organic Spectroscopy Symposium. This was an opportunity to use bench-top sized state-of-the-art instrumentation, normally reserved for second year undergraduate students, to collect spectroscopic data that previously the students had only seen in textbooks.



Year 12 Chemistry students with Jacinta Moreau in the Green Chemical Futures building at Monash University



Bench-top Nuclear Magnetic Resonance Spectrometers

The Chemistry students also participated in a group activity called 'Chemical Detectives' which helped them to develop their teamwork and problem-solving skills to interpret spectroscopic data and figure out chemical structures within a limited time frame. Some reflections:

"The day was informative and broadened my knowledge of spectroscopy."

"The program was interesting and allowed us to learn about spectroscopy in an engaging and fun way, whilst gaining information from both students and professors of Monash University."

"The excursion was a great experience that let us see the equipment responsible for the data we are expected to interpret. It also allowed us to gain further experience in interpreting data to determine the identity of a chemical."

"The excursion was really helpful as it allowed the theory learned in class to match up with a practical use and how everyday chemists can use and apply spectroscopy."

"We were given demonstrations and aided in the operation of spectroscopy equipment. During these tasks, we were challenged to identify an unknown white powder which could only be determined after all activities were completed."

"The ability to use the equipment we have learnt about gave a deeper understanding on the topic itself and a practical side that would not have been experienced if we didn't attend."



AMBULANCE MEMBERS

All families are encouraged to be members of the ambulance service. At times of accidents or illness, the First Aid trained staff member/s in attendance will make a decision as to whether or not they should request the attendance of the ambulance service.

In doing so, the health and safety of the patient will be the only determining factor. Ambulance membership, or potential costs to families will not be a point of consideration. Such a decision will always be made with a conservative 'better safe than sorry' attitude. Parents (or next of kin for an adult) will always be contacted as soon as possible so that they may be in attendance when the ambulance arrives. A familiar staff member will always accompany a student to the hospital if the attending ambulance officer approves.

Thankyou

VCE BIOLOGY EXCURSION TO FEDERATION UNIVERSITY

The Unit 4 Biology students travelled to Federation University in Churchill on Wednesday 17th July. They were given a quick safety briefing before entering a working microbiology lab where they were given a chance to engage in two of the DNA manipulation techniques that were recently taught in class.

The activity leader gave a short explanation of what gel electrophoresis is and then each student had the opportunity to pipette a small sample into each of the wells of gel. After the power was turned on, the samples that were placed in the well started to separate based on DNA fragment size.



The second technique that was investigated was the transformation of bacteria with a recombinant plasmid. The students were able to force bacteria to take up some DNA that had an antibiotic resistance gene inserted into it. They tested how successful they were by putting them onto agar plates that contained an antibiotic called ampicillin. If the experimental bacteria grew on these plates, it meant that the bacteria had in fact been transformed. All groups were successful in this endeavour!

It was a fantastic learning experience for all as it allowed them to put into practice what they had learnt in class.

Cassandra Raschle

Dear Students and Families,

From time to time there are enquiries about receiving the Sacraments of the Catholic Church. Normally such enquiries are referred to Parishes where the Rite of Christian Initiation of Adults (RCIA) Program is established.

The RCIA Program is a series of meetings with lay people of the parish. Instruction and discussion is undertaken about the life of Jesus, the function of the church and the role of sacraments. If after instruction, an enquirer wishes to proceed, they will receive the sacraments they need at the Easter ceremonies.

Firstly, some background, we are a Catholic School and we promote Catholic faith. However, these days, there is growing recognition that we are part of a broader pilgrim church and we recognise the work of the Holy Spirit in other Christian denominations. Many of our students are now from other Christian denominations.

With this in mind, there is growing recognition that a person may start out in the Catholic tradition and have transferred to another Christian denomination for various reasons. Such a person may wish to return to the Catholic Church and be admitted to receive certain sacraments. Or simply, they may wish to become Catholic for the first time.

Mary MacKillop College is willing to assist any enquiries about the faith to the extent of the setting up an RCIA Program at the school for a student or parent wishing to receive the sacraments of the church. Initial interest should be directed to Mr John Ryan, Deputy - Catholic Identity and Mission.

John McKeown

RCIA Facilitator

2020 Information Evening



**All students in Year's 9 and 10 are
invited to attend**

Tuesday 20 August 2019

Year 9 to Year 10 (2020)

7:00pm to 7:30pm

Year 10 to VCE or VCAL (2020)

8:00pm to 8.30pm



Mary MacKillop College
South Gippsland

Principal: Mr David Leslie

Ph: 5662 4255
115 Horn Street, Leongatha
info@mmcrc.catholic.edu.au
www.mackillopleongatha.catholic.edu.au

2019 WALKATHON

Mary MacKillop College Walkathon - 8th August
proudly supporting

FREE 3D HANDS



www.free3dhands.org.au



This year marks the 21st year of our walkathon. Over the past 21 years we have raised well over \$300,000 for various charities. Each year the Walkathon is held on St Mary of the Cross MacKillop's Feast Day - 8th August.

Once again, it is the time of the year when our College jumps into action and makes a real difference to the world.

Our annual Walkathon is the major fundraising event for the year for our College. In order to meet the promised amounts, we need to raise \$20,000.

At our walkathon launch assembly last week we heard from each of this year's charities. All well deserving and again we are asking students and families to raise money for them:

- \$6,000 to Free 3D Hands (Based at Cowes) Mat Bowtell
- \$6,000 to Opportunities of Development through Art Cambodia
- \$6,000 to The Josephite Mission in Peru
- \$1,000 to MacKillop Today (annual charity)
- \$1,000 to Trinity Families (annual charity)

This year our for our Walkathon students will be bussed to Kilcunda where they will start walking along the Bass Coast Rail Trail and will finish the 14km's at the Wonthaggi Guide Park on Thursday 8th August.

Each homeroom in the College is encouraged to keep record of promised totals on their whiteboards. Please take the time to look at the Walkathon card and collect as many sponsors as possible. Every little bit helps.

Justice Captains will be working with Mr Ryan in parishes to raise awareness about the Walkathon. These fabulous posters are being used to raise attention to the causes being supported.

Thank you to all our families and students we look forward to being able to present the funds raised to these deserving charities.

Mary MacKillop College Walkathon - 8th August
proudly supporting

OPPORTUNITIES OF DEVELOPMENT THRU ART CAMBODIA



www.odaopportunitiescambodia.org



Mary MacKillop College Walkathon - 8th August
proudly supporting

THE JOSEPHITE MISSION IN PERU



www.sosj.org.au



Mary MacKillop College Walkathon - 8th August
proudly supporting

MACKILLOP TODAY



www.marymackilloptoday.org.au



Mary MacKillop College Walkathon - 8th August
proudly supporting

TRINITY FAMILIES



www.trinityfamilies.org.au



YEAR 12 SEMESTER PRACTICE EXAM TIMETABLE (Rooms 20 & 21)

Practice Exams prior to Term 3/4 break	Session	Wednesday 2 nd October	Thursday 3 rd October	Friday 4 th October
Monday 16th September HHD A Lessons 3, 4 & Lunch Tuesday 17th September HHD B Lessons 3, 4 & Lunch CBLA to supervise	Session 1	<u>9.00 – 10.15 am</u> Maths Methods Exam 1 Further Maths Exam 1	<u>9.00 – 10.45am</u> Theatre Studies <u>9.00 – 11.15am</u> Business Management	<u>9.00 – 11.15am</u> Maths Methods Exam 2 <u>9.00 – 10.45am</u> Further Maths Exam 2
Friday 20th September <u>9.10am – 12.25pm</u> English	Session 2	<u>11.30am – 1.15pm</u> Theatre Studies <u>11.30am – 1.45pm</u> Economics	<u>11.45am – 2.30pm</u> Chemistry Biology <u>11.45am – 2.00pm</u> History Visual Communication & Design	<u>11.45am – 2.00pm</u> VET Digital Literature <u>11.45am – 2.30pm</u> Biology
	Session 3	<u>2.30 – 5.15pm</u> Psychology <u>2.30 – 3.45pm</u> Further Maths Exam 1	<u>3.00 – 5.15pm</u> Geography Legal Studies PE	<u>2.45 – 5.30pm</u> Physics <u>2.45 – 5.00pm</u> Art Further Maths Exam 2

Rooms 24 and 25 will be available as a study space between exams



Homework Support



Homework Support runs from 3:30pm - 4:30pm in the Learning Adjustment Centre every Tuesday.

All students from Year 7 - 12 are welcome to attend.

Staff available will be John McKeown, Hannah Charlton, Jenny Shea and Michelle Hackett

Homework support provides the opportunity for students to keep up to date with their work and ask for help.

We are looking forward to seeing you all !!



John McKeown



Hannah Charlton



Jenny Shea

IMPORTANT DATES AND REMINDERS

CANTEEN NEWS

Monday 29 July	Claire Blackford
Tuesday 30 July	STUDENT FREE DAY
Wednesday 31 July	Tess Sweeney
Thursday 1 August	Louise Keily
Friday 2 August	Michelle Witteveen

Monday 5 August	Paul Wilson
Tuesday 6 August	Krista Evans
Wednesday 7 August	Leah Dal Pozzo
Thursday 8 August	WALKATHON
Friday 9 August	Beth Hill-Smith

Monday 12 August	Rebecca Little
Tuesday 13 August	Julie Bloye
Wednesday 14 August	Karen Kreutzberger
Thursday 15 August	Robyn Colwill
Friday 16 August	Kerryl Battersby

Monday 19 August	Catherine Riseley
Tuesday 20 August	Cathy Waldron
Wednesday 21 August	Robyn Ellen
Thursday 22 August	Sarah Donohue
Friday 23 August	STUDENT FREE DAY

2019	
Tues 30 July	STUDENT FREE DAY
Thurs 1 Aug	SSV Gippsland Basketball -Senior Girls/Boys and Year 8 Boys/Girls
Tues 6 Aug	Parents & Friends Meeting 7.30PM
Tues 6 Aug	Year 8 Boys Regional Soccer/ Senior Boys Netball
Thurs 8 Aug	College Walkathon Mary MacKillop Feast Day
Fri 9 Aug	Year 7 Girls Regional Netball
Thurs 15 Aug	Year 7 Girls Regional Soccer
Tues 20 Aug	Intermediate Boys Regional Soccer
Wed 21 Aug	SSV Gippsland Basketball - Year 8 & Intermediate Boys/Girls Table Tennis Year 7-10 Boys/Girls
Fri 23 Aug	STUDENT FREE DAY
Tues 3 Sep	Artzfest - Traralgon
Tues 10 Sep	GIS Legacy Public Speaking
Tues 10 September	Parents & Friends Meeting 7.30PM
Thurs 12 Sep	PARENT TEACHER INTERVIEWS - Leongatha 3.50pm to 9.00pm
Sun 15 Sep - Fri 27 Sep	Central Australia Trip
Tues 17 Sep	PARENT TEACHER INTERVIEWS - Wonthaggi 4.50pm to 7.00pm
Thur 19 Sep	Regional Athletics - Newborough
Fri 20 Sep	Last Day of Term 3
Mon 7 Oct	First Day of Term 4

Not at school ?

We need to know !!

Don't forget we need to account
for all our students everyday
If your child is away for the day
please let us know !!

UNIFORM SHOP & CANTEEN

Uniform Shop is open each Friday

from
12.50 pm - 1.35 pm

Canteen is open Monday - Friday

DEB DRESS - ONLINE CATALOGUE

Looking to purchase a Deb Dress ?

Have a look at our Online Catalogue

You can also find a form on the link if you would like to sell a Deb Dress, complete the form and send it back, along with some photo's of the front and back of the dress.

<https://www.mackillopleongatha.catholic.edu.au/our-community-2/parent-and-friends/deb-dress-online-catalogue/>



MEENIYAN JUNIOR BASKETBALL

Meeniyang Junior Basketball would like to invite any new players
7-15 years to come join our competition
Section 2 from 4pm and Section 3 & 4 from 5pm Friday nights

Season commences Friday 9th August

Could all new players or any players **not playing or unavailable** the first game please contact
Kim 0427 346 048 or Darlene 0417 640 035

If you played last season you will be automatically put into a team, unless you have advised us otherwise

Names must be in by Wednesday 31st July - late names will not be accepted

Teams and times for Section 2, 3 and 4 will be published in the "Star" newspaper on Tuesday 6th August and on our website/facebook page

Reminder - Fees are to be paid upfront Section 2 & 3 - \$40
Section 4 - \$50

Registration must be paid online prior to the first game
Website - Meeniyang Basketball Association
(foxsports:pulse), click onto the link under
"Register for Meeniyang Junior 2019 Season"
Any queries please contact us



REGISTRATIONS ARE OPEN FOR SPRING SEASON 2019



Scan our QR code to get all the information or google 'Leongatha Basketball' and head to our websites registration page for the Spring 2019 Comp.

REGISTRATIONS CLOSE 26TH JULY
SEASON STARTS 5TH / 6TH AUGUST 2019



@leongathabasketball

leongatha.basketball@gmail.com

Or for more information call Joel 0419 623 766

The University of Melbourne presents

Maths and Music in Berlin, 1828:

Elliptic Orbits, Kosmos and Beethoven

Presented by Professor Arun Ram

Live piano performance by Joshua Hooker



This performance will take you back to the salons of Abraham and Lea Mendelssohn in Berlin 1828, to a gathering of some of the greatest scientific and musical minds of the day.

Discover the sounds of Beethoven, the elliptic orbits of the planets, and the thrill of the Kosmos. Experience the passion and exuberance that were the hallmark of the legendary Mendelssohn salon.

Suitable for all ages, and all levels of interest and abilities in maths and music.

Location: Wonthaggi Baptist Church

2 Broome Crescent, Wonthaggi VIC 3995

Date: Wednesday 31 July at 6.30pm

Timing: Approx. 75 minutes, followed by complimentary refreshments

Cost: Free

Bookings required: go.unimelb.edu.au/3her

This event is proudly supported
by the University of Melbourne
and National Science Week

