

How to help your child if they get 'stuck' while remote learning

As teachers are working out the best ways to assist your children with their learning, there remains times when your child gets 'stuck' with their work and is struggling to solve a problem.

Ask your child, "how can I help you?"

It may help to write it down, as they put their struggle into their own words.



Ask your child to show you what they are doing?

Take the time to read through it carefully. They might find this a good time to have a drink of water

TAKE A BREAK



If they are agitated, send them outside for fresh air, a walk, a bike ride or to blow bubbles until they feel more relaxed.

Ask Questions

Some questions which may help your child are:

How can we break the task into smaller steps?

What parts of the task are easiest to do?

What are the important words in the question, do you know their meaning?

What is one thing that you can start with?

What if I time you and you just write for 5 minutes to start with?

Who would be able to help you with this?

What can you go on with while you are waiting for a response?

A map to help you navigate

